



MOUNTAIN BIKE PARK

2228m
MT KOSCIUSZKO

TRAIL PROGRESSION

Gravity Trails

14a	Upper Easy Rider
14b	Lower Easy Rider
13	Sidewinder
1	Rockpools
11	Centre Link
12	Woody's
16	Grasshopper
8	Kosciuszko Flow
23	Pegasus
7	Ricochet
15	Paparazzi
24	Revolver
6	Flow Link
2	Dream Catcher
9	Panorama
10	Cannonball DH

Cross Country Trails

3	Pipeline Path
4	Thredbo Valley Track
17	Golf Course Loop

Skills & Jumps Parks

22	Modular Pump Track
21	Village Green Pump Track
19	Flip Skills Park
18	Boost Mobile Jumps Park
20	Valley Terminal Jumps Park



LIFT & TRAIL STATUS



KEY TO SYMBOLS

TRAIL DIFFICULTY RATING SYSTEM

- Beginner** - These trails generally have a wider trail width, a firm and stable surface and a steady gradient.
- Intermediate** - These trails have a stable surface with some terrain variability, featuring both avoidable and unavoidable obstacles like small jumps, drops, and steeper gradients.
- Advanced** - These trails vary widely and are for advanced riders only. Expect larger jumps, drops, loose rocks, steep gradients, and unavoidable obstacles.

TRAIL TYPES

- Flow** - Machine-built trails with wider width, smooth surface, flowing terrain, berms, and jumps.
- Technical** - These trails have a rougher surface, narrower width, and may feature rocks, roots and tighter corners.

RESORT PARTNERS





LIFT PASSES

Buy Early & Save Up To 30%

Buy your lift passes 7 days or more in advance online and save up to 30%!



Scan here for MTB Lift Passes and Rental

MTB RENTAL

Thredbo MTB Rental offers an extensive range of the latest enduro and downhill bikes from Norco, plus recreational mountain bikes to explore the valley floor and Thredbo Valley Track.

Visit thredbo.com.au/activities/biking/retail-rental



MTB SCHOOL

Thredbo MTB School boasts Australia's top instructors and offers daily lessons for all levels and riders aged 5 years+.

- Private Lessons (Kids & Adults)
- Intro To MTB (Learn 2 Ride)
- MTB Fundamentals (Beginner Gravity)
- MTB Essentials (Low Intermediate Gravity)
- MTB Progression (High Intermediate Gravity)
- Gravity Girls MTB Clinic
- Gravity Groms Holiday Session

Visit thredbo.com.au/mtb-school

MOUNTAIN BIKE PARK HOURS

Kosciuszko Chairlift	9:00am - 4:00pm
Merritts Gondola	9:30am - 4:00pm
Gunbarrel Chairlift	9:30am - 3:30pm
Cruiser Chairlift	9:45am - 3:30pm

Refer to Lifts & Trails Status for planned closure schedule

RETAIL

Need new gear or forgot something? Our MTB Retail outlet has you covered with a vast range of gravity-focused protection, apparel, bikes, parts, and accessories from top brands like Fox, Oakley, Sram, Norco, Maxxis, and more!

MTB WORKSHOP

Located at Valley Terminal, the MTB Workshop provides comprehensive bike setup and maintenance services. From tune-ups to full service, our certified mechanics uses the latest tools and technology to ensure your bike performs optimally.

THREDBO LEISURE CENTRE

Get fit and have fun at our top-class facility featuring a gym, pool, waterslide, Mission Inflatable, sports hall, bouldering wall, squash court and Zero Gravity Trampoline Facility.

Visit thredbo.com.au/activities/thredbo-leisure-centre

MTB RESPONSIBILITY CODE

Regardless of how you enjoy your mountain bike sport always show courtesy to others and be aware that there are inherent risks in all mountain bike recreational activities. Common sense, protective equipment and personal awareness can reduce risk. These risks include weather, visibility, surfaces as well as natural and artificial hazards such as rocks, trees, stumps, vehicles, lift towers fences and other Thredbo resort equipment.

MINIMUM BIKE REQUIREMENTS

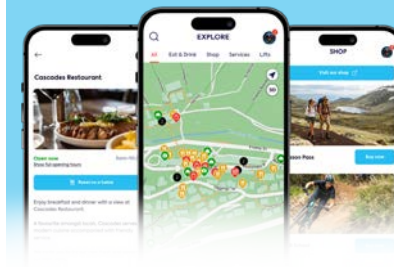
- 2 working brakes (disc brakes highly recommended)
- Front Suspension (dual suspension highly recommended)
- Tyres must be at least 1.9" wide
- Remove mudguards longer than 25cm
- No tandem bikes
- No baby carriers or child seats

OBSERVE THE CODE AND SHARE WITH OTHERS THE RESPONSIBILITY FOR A GREAT EXPERIENCE

1. Take lessons to learn and progress.
2. Helmets are mandatory. Full-face helmets are highly recommended on all trails.
3. Before using lifts, have the ability to load, ride and unload yourself and your bike safely. Always use restraining devices.
4. Do not ride lifts or undertake any form of mountain biking if your ability is impaired by drugs or alcohol.
5. Know your ability. Always stay in control on the ground and in the air. Avoid other people and objects around you.
6. Obey all signage. Stay on marked trails. Do not cut switchbacks. Keep off closed areas.
7. Observe all Walking Zones. Dismount your bike and walk.
8. When entering a trail or starting downhill, look uphill and give way to other riders.
9. Do not stop where you obstruct the trail or are not visible from above.
10. Assist others if you are involved in, or witness a collision or accident. Identify yourself to Bike Patrol or staff member.
11. Uphill biking is not permitted on Downhill trails or mountain roads at any time due to risk of collisions with machinery or vehicles.

Know the mountain bike code – it's your responsibility. "Respect gets respect" from the lift line, to the trails, through the park and the resort.

BIKE PATROL 6459 4147



DOWNLOAD OUR NEW MOBILE APP

This is your ultimate guide to Thredbo Resort. Discover everything on offer, both on and off the mountain, all in one place. Download it now on the App Store or Google Play Store.



SUMMER EVENTS

Explore Thredbo's huge summer events calendar and enjoy live entertainment, MTB events, guided hikes, family-friendly activities, and much more!



Scan here for summer events

NEW! THREDBO ALPINE COASTER

Experience the mountain like never before with Thredbo's newest adventure! This 1.5km track allows riders to control their speed, reaching up to 40km/h through the incredible alpine scenery.

Visit thredbo.com.au/activities/thredbo-alpine-coaster



RESTAURANTS, BARS & VILLAGE CONVENIENCES

Medical centre, post office, Foodworks supermarket, bakery, books, gifts, chemist, bottleshop, and service station.

Thredbo has over 20 places to relax, sip and dine. Discover the perfect spot to recharge after a day of adventure!



Scan here for all on-mountain and village dining



MYTHREDBO

Your MyThredbo Card holds all loaded products bought online and in resort. Pick your card up at our 24/7 contactless MyThredbo Card Kiosks located outside Guest Services at Friday Flat and Valley Terminal in Thredbo. You can also load your card with **MYMONEY** and use it to pay at:

- Alpine Bar
- Alpine Pizzeria
- The Bakery
- Black Saltees
- Burton Store
- Cascades Restaurant
- Eagles Nest Restaurant
- Friday Flat Bar & Bistro
- Izakaya by Yamagen
- The Local Pub
- Lounge Bar
- Merritts Mountain House
- Schuss Bar
- Thredbo Cellars
- Thredbo Guest Services
- Thredbo Leisure Centre
- Thredbo Online Shop
- Thredbo Retail & Rental
- Thredbo MTB School



SUSTAINABILITY AND ENVIRONMENT

Thredbo is committed to preserving, protecting, and prioritising our unique environment.

DID YOU KNOW?

- Renewable Now - Together with Red Energy and Snowy Hydro, Thredbo is proud to be powered by renewable energy.
- Thredbo has held Gold EarthCheck Sustainable Destination Certification for 4 consecutive years. EarthCheck is an independent sustainability assessor within the travel and tourism industry.
- 2024 marks 15 years of environmental collaboration with Greenfleet, working on native forestry projects across Australia to offset the operation emissions of our entire fleet of snow groomers and company vehicles.
- You can join us to offset the carbon emissions from your journey to Thredbo by contributing a small amount towards Greenfleet's tree planting. Available at the Thredbo Online Shop.

Learn more - thredbo.com.au/environment

Thredbo sits on the traditional land of the Monero - Ngarigo people who have looked after this land, water and community for over 60,000 years. We thank them for all they have done and continue to do to look after their country, a special place which we all love and respect.